



## Sports Medicine/ Rehab Aide Curriculum Map

### CIP Code 51.2604

**Industry Standards**  
National Safety Council, NASM, HOSA,  
OSHA

Year A	<u>1st Quarter</u>  Intro to Sports Medicine/ Careers Safety Legal Terms & Ethical Issues Emergency Care/Infection Control Cardiovascular System Emergency Planning (EAPs) <i>CPR &amp; First Aid Certification</i> <i>Stop the bleed certification</i>	<u>2nd Quarter</u>  Medical Terminology Body planes and anatomical directions Muscular System Skeletal System Modalities Foot & Ankle injuries, treatment, & rehabilitation	<u>3rd Quarter</u>  Nutrition Hydration Pharmacology Dietary Supplements Performance enhancers	<u>4th Quarter</u>  The knee injuries, treatment, & rehabilitation The hip injuries, treatment, & rehabilitation Gait Cycle Theory Soft Skills
	<u>1st Quarter</u>  Intro to Sports Medicine/ Careers Safety Legal Terms & Ethical Issues Emergency Care/Infection Control Cardiovascular System Muscular System Skeletal System Emergency Planning (EAPs) <i>CPR &amp; First Aid Certification</i> <i>Stop the Bleed Certification</i>	<u>2nd Quarter</u>  Medical Terminology Modalities Pathology & Physiology of the body systems: Integumentary, nervous, endocrine, immune Hand, wrist & elbow injuries, treatment, & rehabilitation	<u>3rd Quarter</u>  Human Development Mental Health Shoulder injuries, treatment, & rehabilitation Pathology & Physiology of the body systems: Lymphatic, respiratory, urinary, digestive, reproductive	<u>4th Quarter</u>  Head injuries, treatment, & rehabilitation Spinal injuries, treatment, & rehabilitation Facility Planning & Budgeting Exercise Science & Prescription Soft skills  NOCTI Pretest
Year B	<u>1st Quarter</u>  Intro to Sports Medicine/ Careers Safety Legal Terms & Ethical Issues Emergency Care/Infection Control Cardiovascular System Muscular System Skeletal System Emergency Planning (EAPs) <i>CPR &amp; First Aid Certification</i> <i>Stop the Bleed Certification</i>	<u>2nd Quarter</u>  Basic and Applied Sciences & Nutritional Concepts Client Relations & Behavioral Coaching Assessment	<u>3rd Quarter</u>  Program Design Exercise Technique and Training Instruction  NOCTI Skills Review	<u>4th Quarter</u>  Professional Development & Responsibility Job Shadowing/Interview a professional in anticipated career field  NOCTI Written & Hands on Test <i>CPT Certification Exam</i>
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