

# Flexible Instructional Day Plan 2025-26

**Program:** Mrs. Kastronis Health Assistants Class

**Contact information:** Email: [jkastronis@steelcentertech.com](mailto:jkastronis@steelcentertech.com) Phone: 412-469-3200 extension 2520

**Attendance:** Attendance will be recorded by the teacher. To be marked present you need to attend one of two zoom meetings. The AM zoom meeting will begin at 8 o'clock am. The PM zoom meeting will begin at 12:30 PM. To be marked present and on time you will need to be logged into the zoom meeting with your camera on by the start of the zoom meeting. You may choose whatever zoom meeting works best for your schedule. You will receive an email which will contain the zoom meeting link/log on information. The email will be sent before 7:30am the morning of the flexible instruction day and will be sent to your Steel Center email.

**Virtual Meeting Lesson:** The virtual lesson will be held via zoom and be approximately one hour long. The second hour of class will consist of a "virtual office hour". During the virtual office hour the teacher will be available to help students, answer questions, and provide support via the same zoom meeting.

## **Technology Concerns:**

*If you have any technology concerns, please contact your teacher. If you are unable to access the internet or participate in a zoom meeting, paper packets will be given in place of attending the zoom meeting.*

**Student Name:** \_\_\_\_\_ **Student Signature**\_\_\_\_\_

Do you have technology concerns?    Yes    No

Concerns:

\_\_\_\_\_

**Parent/guardian signature**\_\_\_\_\_